

Suicide Prevention Related Dates and Awareness Days 2021

<u>National Day of Action Against Bullying and Violence</u>	19 March 2021
<u>World Sleep Day</u>	19 March 2021
<u>International Day of Happiness</u>	20 March 2021
<u>National Close the Gap Day</u>	18 March 2021
<u>Harmony Week</u>	15 - 21 March 2021
<u>World Bipolar Day</u>	30 March 2021
<u>Neighbour Day</u>	31 March 2021
<u>WA Youth Week</u>	9 to 16 April 2021
<u>National Suicide Prevention Symposium</u> (online due to Covid)	19 - 22 April 2021
<u>Rail R U OK? Day</u>	29 April 2021
<u>International Day Against Homophobia, Biphobia and Transphobia</u>	17 May 2021
<u>Schizophrenia Awareness Week</u>	23 - 29 May 2021
<u>Sorry Day</u>	26 May 2021
<u>Reconciliation Week</u>	27 May – 3 June 2021
<u>Men's Health Week</u>	14 - 20 June 2021
<u>NAIDOC Week</u> (Theme – Heal Country!)	4 - 11 July 2021
<u>Wear it Purple Day</u>	27 August 2021
<u>Women's Health Week</u>	6 - 10 September 2021
<u>R U OK? Day</u>	9 September 2021
<u>World Suicide Prevention Day</u>	10 September 2021
Annual release of ABS Suicide Data	September 2021
<u>World Mental Health Day</u>	10 October 2021
<u>World Homeless Day</u>	10 October 2021
<u>National Carers Week</u>	10 - 16 October 2021
<u>WA Mental Health Week</u> (Theme - Mental health starts with our children)	10 - 17 October 2021
<u>Sock it to Suicide Week</u>	3 rd week of October 2021
<u>Movember</u>	1 - 30 November 2021
<u>Perinatal Depression and Anxiety Awareness Week</u>	7 - 13 November 2021
<u>International Men's Day</u>	19 November 2021
<u>International Day of People with a Disability</u>	3 December 2021
<u>International Migrants Day</u>	18 December 2021

This page has been compiled by the Neami National Perth Metro Suicide Prevention Coordinator Program. For feedback, edits and suggestions please email the team at: spc.metro@neaminational.org.au.

