



Support for suicide bereavement





The loss of someone to suicide is especially difficult. This brochure has been prepared to provide you with specialised information and support.

Grief counselling and support services

Arbor

1300 11 44 46

Bereavement support for adults

Cypress

1300 11 44 46

Bereavement support for young people

Solace WA

08 9474 3297

Grief support group

Compassionate Friends

08 6107 6257

Supporting parents and families who have had a child die

Soldier On

1300 620 380

Supporting Australian security forces and families

Sirens of Silence

sirensOfSilence@westnet.org.au

Supporting Emergency service personnel

Rainbows Australia

rainbowsforkidsandteens.org.au/rainbows-2

Grief support for young people

Mates StandBy

0409 996 260 (after hours 1300 642 111)

Support for construction workers and families affected by suicide in WA

Telephone and online support

Lifeline

13 11 14

Griefline

1300 845 745

Samaritans

13 52 47

QLife

1800 184 527
support for LGBTI+
3pm-12am

Beyond Blue

1300 224 636

Veterans & Veterans Families Counselling Service

1800 011 046

Mens Line

1300 789 978

Support for young people

Samaritan Youth

1800 198 313

Youth Beyond Blue

1300 224 636

Kids Helpline

1800 551 800

Eheadspace

1800 650 890

Helpful information and resources

For further information you can search online for the below resources:

[Support after suicide](#)

[Life in Mind - StandBy](#)

[Conversations Matter - Suicide bereavement](#)

[Beyond Blue - Suicide and grief](#)

[Think Mental Health - Bereaved by Suicide](#)

[Lifeline - Suicide Bereavement](#)

About Neami National

Neami is a community-based organisation providing mental health, homelessness and suicide prevention services.

www.neaminational.org.au



Neami acknowledges the Traditional Custodians of the land we work on and pays its respects to Elders past, present and emerging. Neami celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.